

BETHEL COLLEGE
ATHLETIC TRAINING EDUCATION PROGRAM

Performance Standards

To become a safe and competent certified athletic trainer the student must be able to demonstrate the following performance standards.

1. Ability to see, hear, touch, smell, and distinguish colors. Some examples of the necessary skills include the following: (not inclusive)
 - Hearing with a stethoscope to assess blood pressure and to assess heart, lung, and abdominal sounds.
 - Seeing color changes in skin; changes in pupil reaction.
 - Accurately reading calibrations on a syringe.

2. Oral and writing ability with accuracy, clarity, and efficiency. Some examples of the necessary skills include the following: (not inclusive)
 - Initiate and maintain an ATC/patient relationship.
 - Share pertinent patient assessment and other information with colleagues.
 - Give verbal and/or written reports with clarity.
 - Document accurately and clearly in written or electronic format.
 - Do patient/coach/parent teaching that results in mutual understanding.

3. Manual dexterity, gross and fine movements. Some examples of the necessary skills include the following: (not inclusive)
 - Using the assessment skills of palpation and percussion.
 - Assisting in moving and lifting patients using proper body mechanics.
 - Demonstrating the ability to perform clinical skills, such as orthopedic special tests.

4. Ability to learn, think critically, analyze, assess, solve problems, reach judgment. Some examples of needed cognitive skills include but are not limited to the following:
 - Analyze data to determine patient's health care needs and need for referral.
 - Use judgment to develop and implement a rehabilitation plan relevant to the patient's needs.
 - Synthesize assessment findings to evaluate the effectiveness of actions in meeting the patient's needs. Develop alternative plan of care when appropriate.

5. Emotional stability and ability to accept responsibility and accountability. Students must possess the emotional stability and integrity to enable them to develop therapeutic relationships and successfully communicate with individuals from a variety of social, emotional, cultural, and intellectual backgrounds. Students should possess the qualities of self-awareness, emotional maturity, objectivity, flexibility, and empathy. Students should be emotionally able to handle demanding workloads and to function effectively under stress. Refer to athletic training course requirements for examples.

I have read, understand, and believe I can meet these Bethel Athletic Training Education Program Performance Standards.

Signature

Date