

# BETHEL COLLEGE ATHLETIC TRAINING EDUCATION PROGRAM RECOMMENDED MEDICAL EXAMINATION FORM

When completed, this form should be returned to the Bethel College ATEP Director.

**STUDENT INSTRUCTIONS:** EVERY ATHLETIC TRAINING STUDENT enrolling at **Bethel College** is required to present a report of his/her medical history and signed physical examination form. The student is to fill in all of the personal data and medical history below. Your physician can help you with the medical history.

**TYPE or BLOCK PRINT the INFORMATION BELOW:**

Name \_\_\_\_\_ Race \_\_\_\_\_ Male \_\_\_\_\_ Female \_\_\_\_\_  
                     Last                                    First                                    Middle

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_ Enrolling as: Freshman \_\_\_\_\_ Sophomore \_\_\_\_\_ Junior \_\_\_\_\_ Senior \_\_\_\_\_

Home address \_\_\_\_\_  
   Street  City  State (country)  Zip

.....  
**MEDICAL HISTORY** (To be filled out by the student and checked with physician before examination)

**FAMILY HISTORY:**

| Relation | Age | State of Health | If Deceased, Cause of Death | Age at Death | Has <u>any</u> blood relation had:<br>check each item |    |                        |
|----------|-----|-----------------|-----------------------------|--------------|---|----|------------------------|
|          |     |                 |                             |              | Yes   | No |                        |
| Father   |     |                 |                             |              | Yes   | No | Asthma, Hay Fever      |
| Mother   |     |                 |                             |              | Yes   | No | Allergy to Drugs       |
| Brothers |     |                 |                             |              | Yes   | No | Hypertension           |
|          |     |                 |                             |              | Yes   | No | Diabetes               |
|          |     |                 |                             |              | Yes   | No | Heart Trouble          |
|          |     |                 |                             |              | Yes   | No | Kidney Trouble         |
| Sisters  |     |                 |                             |              | Yes   | No | Rheumatism (Arthritis) |
|          |     |                 |                             |              | Yes   | No | Sickle Cell            |

**Have you ever had or have you now:**

|            |           |                  |            |           |                      |            |           |                   |
|------------|-----------|------------------|------------|-----------|----------------------|------------|-----------|-------------------|
| <b>Yes</b> | <b>No</b> | Albumin in urine | <b>Yes</b> | <b>No</b> | Fainting Spells      | <b>Yes</b> | <b>No</b> | Pleurisy          |
| <b>Yes</b> | <b>No</b> | Arthritis        | <b>Yes</b> | <b>No</b> | German Measles       | <b>Yes</b> | <b>No</b> | Poliomyelitis     |
| <b>Yes</b> | <b>No</b> | Anemia           | <b>Yes</b> | <b>No</b> | Hay Fever            | <b>Yes</b> | <b>No</b> | Rectal Trouble    |
| <b>Yes</b> | <b>No</b> | Appendicitis     | <b>Yes</b> | <b>No</b> | Frequent Headaches   | <b>Yes</b> | <b>No</b> | Rheumatic Fever   |
| <b>Yes</b> | <b>No</b> | Asthma           | <b>Yes</b> | <b>No</b> | Heart Murmur         | <b>Yes</b> | <b>No</b> | Scarlet Fever     |
| <b>Yes</b> | <b>No</b> | Back Trouble     | <b>Yes</b> | <b>No</b> | Heart Trouble        | <b>Yes</b> | <b>No</b> | Sinusitis         |
| <b>Yes</b> | <b>No</b> | Bloody Urine     | <b>Yes</b> | <b>No</b> | High Blood Pressure  | <b>Yes</b> | <b>No</b> | Skin Disorder     |
| <b>Yes</b> | <b>No</b> | Chicken Pox      | <b>Yes</b> | <b>No</b> | Histoplasmosis       | <b>Yes</b> | <b>No</b> | Spitting Blood    |
| <b>Yes</b> | <b>No</b> | Chronic Cough    | <b>Yes</b> | <b>No</b> | Infectious Hepatitis | <b>Yes</b> | <b>No</b> | Tendency to Bleed |
| <b>Yes</b> | <b>No</b> | Convulsions      | <b>Yes</b> | <b>No</b> | Inf. Mononucleosis   | <b>Yes</b> | <b>No</b> | Thyroid Trouble   |
| <b>Yes</b> | <b>No</b> | Deafness         | <b>Yes</b> | <b>No</b> | Jaundice             | <b>Yes</b> | <b>No</b> | Tonsillitis       |
| <b>Yes</b> | <b>No</b> | Diabetes         | <b>Yes</b> | <b>No</b> | Kidney Trouble       | <b>Yes</b> | <b>No</b> | Tuberculosis      |
| <b>Yes</b> | <b>No</b> | Duodenal Ulcer   | <b>Yes</b> | <b>No</b> | Measles              | <b>Yes</b> | <b>No</b> | Venereal Disease  |
| <b>Yes</b> | <b>No</b> | Colitis          | <b>Yes</b> | <b>No</b> | Meningitis           | <b>Yes</b> | <b>No</b> | Whooping Cough    |
| <b>Yes</b> | <b>No</b> | Earache          | <b>Yes</b> | <b>No</b> | Migraine             | <b>Yes</b> | <b>No</b> | Other Disorders   |
| <b>Yes</b> | <b>No</b> | Encephalitis     | <b>Yes</b> | <b>No</b> | Mumps                | <b>Yes</b> | <b>No</b> |                   |

Other illnesses or complaints (Please list) \_\_\_\_\_

Allergies to drugs, foods, plants, others \_\_\_\_\_

Medications taken regularly \_\_\_\_\_

**TO THE EXAMINER:** The Athletic Training Education Program requires each student/personnel to have a physical examination at the time of application or employment within the program. Please identify any physical and/or mental limitations which may interfere with participation in prevention, evaluation, treatment and rehabilitation of injuries/illnesses during clinical and field experiences in various health care settings. Participation may include lifting such as patient transport.

**PHYSICAL EXAMINATION**

Student's Name \_\_\_\_\_ Date of Exam \_\_\_\_\_

Blood Pressure

Pulse

Weight

Height

**IMMUNIZATIONS (Please State the Year Received)**

The following tests/immunizations are required for ATEP student/personnel.

| EXAMINATION  | NORMAL RANGE   | ABNORMAL RANGE                                | COMMENTS  |
|--|--|---|---|
| <b>Hemoglobin</b>  | Date _____<br>Signature _____<br>Agency _____              | Date _____<br>Signature _____<br>Agency _____ | Required.   |
| <b>TB(two step): Mantoux #1 (date):</b> _____ <b>Result:</b> _____   |  |   | Required.<br>Further documentation and chest X-Ray required if positive.  |
| <b>Mantoux #2 (7-21 days after #1):</b> _____ <b>Result:</b> _____ <b>Agency</b> _____   |  |   |   |
| <b>Repeat TB (yearly) 1 (date):</b> _____ <b>Result:</b> _____ <b>Agency</b> _____   |  |   |   |
| <b>Measles</b><br><b>Mumps MMR</b><br><b>Rubella</b>   | MMR#1 _____ (Date)<br>MMR#2 _____ (Date)<br>Agency: _____  |   | Two measles immunizations are required for all persons born in or after 1957 or physician documentation of immunity necessary |
| <b>Tetanus (Td) -</b>  | (date): _____ Agency _____                                 |   | Tetanus booster required within the last 10 years.  |
| <b>Hepatitis B immunization</b>  | Dates: #1 _____ #2 _____ #3 _____<br>Agency _____          |   | Evidence of immunization or signed waiver required.   |
| <b>Varicella: Have you had chicken pox?</b><br>Immunization date _____ Date _____<br>( or date of)<br>Titer _____ (Chicken pox) Agency _____ |  |   | Required.   |
| <b>Results:</b>  |  |   |   |
| <b>Polio</b>   | Dates: #1 _____ #2 _____ #3 _____ #4 _____<br>Agency _____ |   | Required.   |

| Normal | Abnormal | Check appropriately and describe abnormalities |  |
|--------|----------|--|--|
|        |          | Head, scalp, face                              | Vision—without glasses/with glasses<br><br>Right _____ Left _____<br><br>Color Vision _____<br><br>Hearing—Right _____<br><br>Left _____<br><br>_____<br>Physician's Signature |
|        |          | Eyes   |  |
|        |          | Nose   |  |
|        |          | Mouth and Throat                               |  |
|        |          | Teeth  |  |
|        |          | Neck   |  |
|        |          | Lungs  |  |
|        |          | Heart  |  |
|        |          | Breasts  |  |
|        |          | Abdomen  |  |
|        |          | Genitalia (Pelvic, if needed)                  |  |
|        |          | Rectal   |  |
|        |          | Hernia   |  |
|        |          | Adenopathy                                     |  |
|        |          | Skin   |  |
|        |          | Disabilities                                   |  |
|        |          |  |  |

Please list any Physical Limitations \_\_\_\_\_

Mental Limitations; if so, please specify \_\_\_\_\_

Signature of Physician \_\_\_\_\_ Degree \_\_\_\_\_ Date \_\_\_\_\_