

Coaching



Question

How will I know if this is the way I should go?

Answer

The coaching certificate is designed to introduce you to and prepare you for coaching in organized athletic programs. It is a supplement to any major field of study and is encouraged for students seeking teacher licensure or pursuing other majors who desire a coaching position or a career in an educational setting. Once you complete the certificate in the sports coaching program, you may attempt coaching certification through the American Sport Education Program (ASEP).



Question

What are some course requirements?

Answer

- First Aid, Safety and CPR
- Principles of Coaching
- Prevention and Care of Injuries
- Essentials of Strength Training and Conditioning
- Sport Psychology
- Internship in Sports Coaching

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Seek.
Serve.
Grow.

Question

What kind of practical experience will I get as a student?

Answer

Through a required internship, you will get practical experience in such settings as

- Schools – elementary, middle or high-school level
- recreational centers
- health and fitness clubs



Question

What can I expect after graduation?

Answer

Students go on to careers in coaching at the high school, college, professional and private level. Potential employers include

- Professional sports teams
- Colleges and universities
- High schools and middle schools
- Recreational organizations or leagues such as the YMCA
- Country clubs
- Racket clubs
- Golf and tennis resorts
- Cruise lines
- City parks and recreation departments



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